

Competition Pool Schedule: November 27-December 3

Thursday

Deep End	Ladder								Ladder						Ladder																							
	21	20	19	18	17	16	15	14	13	12	11	10	9	8	7	6	5	4	3	2	1	0																
4:30-5 AM																																						
5-5:30 AM	NCAP 5:00-6:15a; 6 lanes								Masters 5:00-6:30am; 5 lanes						2 lanes 6:30-7:30a																							
5:30-6 AM																																						
6-6:30 AM																																						
6:30-7 AM																																						
7-7:30 AM	Seton 6:30-7:30a; 14 lanes																																					
7:30-8 AM																																						
8-8:30 AM									Deep Water 8:20a-9:20a						Aqua Fit 9:20a -10:20a																							
8:30-9 AM																																						
9-9:30 AM																																						
9:30-10 AM																																						
10-10:30 AM																																						
10:30-11 AM																																						
11-11:30 AM																																						
11:30-12 PM																																						
12-12:30 PM																																						
12:30-1 PM																																						
1-1:30 PM																																						
1:30-2 PM																																						
2-2:30 PM																																						
2:30-3 PM																																						
3-3:30 PM																																						
3:30-4 PM																																						
4-4:30 PM									OCCS 3:30-5:30p; 5 lanes						Osbourn 4:00-5:30p; 4 lanes						Laura Pvt.																	
4:30-5 PM	NCAP 4:00-6:00; 5 lanes,				NCAP 4:00-5:30; 3 lanes																																	
5-5:30 PM																																						
5:30-6 PM																																						
6-6:30 PM	NCAP 6:00-7:00p; 5 lanes								RIP TIDE 5:30-7:30p; 3 lanes						Heather Lvl 3																							
6:30-7 PM																																						
7-7:30 PM	NCAP 7:00-8:00p; 5 lanes								BATTLEFIELD 7:30-9:00p; 4 lanes						Heather Adult Beg.						Laura Lvl 3																	
7:30-8 PM																																						
8-8:30 PM	NCAP 8:00-8:30p; 5 lanes																																					
8:30-9 PM																																						
9-9:30 PM																																						

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Friday

Deep End	Ladder									Ladder							Ladder						
	21	20	19	18	17	16	15	14		13	12	11	10	9	8		7	6	5	4	3	2	1
4:30-5 AM																							
5-5:30 AM																							
5:30-6 AM																							
6-6:30 AM																							
6:30-7 AM	Seton 6:30-7:30a; 8 lanes; 5 for DIVING																						
7-7:30 AM																							
7:30-8 AM																							
8-8:30 AM																							
8:30-9 AM																							
9-9:30 AM																							
9:30-10 AM																							
10-10:30 AM																							
10:30-11 AM																							
11-11:30 AM																							
11:30-12 PM																							
12-12:30 PM																							
12:30-1 PM																							
1-1:30 PM																							
1:30-2 PM																							
2-2:30 PM																							
2:30-3 PM																							
3-3:30 PM																							
3:30-4 PM																							
4-4:30 PM																							
4:30-5 PM																							
5-5:30 PM	PWCS High School Swim Meet																						
5:30-6 PM	PWCS High School Swim Meet																						
6-6:30 PM	PWCS High School Swim Meet																						
6:30-7 PM	PWCS High School Swim Meet																						
7-7:30 PM	PWCS High School Swim Meet																						
7:30-8 PM	PWCS High School Swim Meet																						
8-8:30 PM	PWCS High School Swim Meet																						
8:30-9 PM	PWCS High School Swim Meet																						
9-9:30 PM	PWCS High School Swim Meet																						

Seton 6:30-7:30a; 8 lanes; 5 for DIVING

Masters
11:30-12:45p

Aqua Fit
10:20a -11:20a

PWCS High School Swim Meet

Competition Pool Schedule: November 27-December 3

Saturday

Deep End	Ladder								Ladder								Ladder							
	21	20	19	18	17	16	15	14	13	12	11	10	9	8	7	6	5	4	3	2	1	0		
4:30-5 AM	[Black]																							
5-5:30 AM	[Black]																							
5:30-6 AM	[Black]																							
6-6:30 AM	[Red]																							
6:30-7 AM	[Red]																							
7-7:30 AM	[Red]																							
7:30-8 AM	[Red]																							
8-8:30 AM	[Grey]								[Green]								[Green]							
8:30-9 AM	[Grey]								[Green]								[Green]							
9-9:30 AM	[Yellow]																							
9:30-10 AM	[Yellow]																							
10-10:30 AM	[Yellow]																							
10:30-11 AM	[Yellow]																							
11-11:30 AM	[Yellow]																							
11:30-12 PM	[Yellow]																							
12-12:30 PM	[Yellow]																							
12:30-1 PM	[Yellow]																							
1-1:30 PM	[Yellow]																							
1:30-2 PM	[Yellow]																							
2-2:30 PM	[Yellow]																							
2:30-3 PM	[Yellow]																							
3-3:30 PM	[Yellow]																							
3:30-4 PM	[Yellow]																							
4-4:30 PM	[Yellow]																							
4:30-5 PM	[Yellow]																							
5-5:30 PM	[Yellow]																							
5:30-6 PM	[Black]																							
6-6:30 PM	[Black]																							
6:30-7 PM	[Black]																							
7-7:30 PM	[Black]																							
7:30-8 PM	[Black]																							
8-8:30 PM	[Black]																							
8:30-9 PM	[Black]																							
9-9:30 PM	[Black]																							

OCCS 6:00-8:00a; 8 lanes

Seton Swim Meet (10 lanes)

Theresa Adult Beg.

Theresa Lvl 3

Theresa Lvl 4

Privates

Privates

Privates

Privates

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Sunday

Deep End	Ladder								Ladder								Ladder							
	21	20	19	18	17	16	15	14	13	12	11	10	9	8	7	6	5	4	3	2	1	0		
4:30-5 AM	[Black]																							
5-5:30 AM	[Black]																							
5:30-6 AM	[Black]																							
6-6:30 AM	[Black]																							
6:30-7 AM	[Black]																							
7-7:30 AM	[Black]																							
7:30-8 AM	[Black]																							
8-8:30 AM	[Grey]				Masters 8:00am-9:15am				[Green]								[Green]							
8:30-9 AM	[Grey]				Masters 8:00am-9:15am				Theresa Lvl 6								[Green]							
9-9:30 AM	[Grey]				[Grey]				[Green]								Lori Private s							
9:30-10 AM	[Grey]				[Grey]				[Green]								Theresa Adult Beg.							
10-10:30 AM	[Grey]				[Grey]				[Green]								Theresa Lvl 3							
10:30-11 AM	[Grey]				[Grey]				[Green]								[Green]							
11-11:30 AM	[Grey]				[Grey]				[Green]								[Green]							
11:30-12 PM	[Grey]				[Grey]				[Green]								[Green]							
12-12:30 PM	[Grey]				[Grey]				Theresa Lvl 4 & 5								[Green]							
12:30-1 PM	[Grey]				[Grey]				[Green]								[Green]							
1-1:30 PM	[Grey]				[Grey]				[Green]								[Green]							
1:30-2 PM	[Grey]				[Grey]				[Green]								[Green]							
2-2:30 PM	[Grey]				[Grey]				[Green]								[Green]							
2:30-3 PM	[Grey]				[Grey]				[Green]								[Green]							
3-3:30 PM	[Grey]				[Grey]				[Green]								[Green]							
3:30-4 PM	[Grey]				[Grey]				[Green]								[Green]							
4-4:30 PM	[Grey]				[Grey]				[Green]								[Green]							
4:30-5 PM	[Grey]				[Grey]				[Green]								[Green]							
5-5:30 PM	[Grey]				[Grey]				[Green]								[Green]							
5:30-6 PM	[Grey]				[Grey]				[Green]								[Green]							
6-6:30 PM	[Black]																							
6:30-7 PM	[Black]																							
7-7:30 PM	[Black]																							
7:30-8 PM	[Black]																							
8-8:30 PM	[Black]																							
8:30-9 PM	[Black]																							
9-9:30 PM	[Black]																							