

# SUMMER CAMP

**2023**  
**June 20 - August 4**

**Camp Registration**  
[www.freedom-center.com](http://www.freedom-center.com)



## Hours

MONDAY - THURSDAY: 5:00am - 10:00pm • FRIDAY: 5:00am - 8:00pm  
SATURDAY: 8:00am - 6:00pm • SUNDAY: 8:00am - 4:00pm

10900 University Boulevard, Manassas, VA 20110  
703.993.8444

**Camps for**  
**ages 6-13**  
**Plus Preschool**





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## Summer 2023 Camp Sessions: Mon-Fri

*Campers may register for one week at a time!  
Membership NOT required!*

Week 1:	6/20 -6/23 (No Camp Mon 6/19)
Week 2:	6/26 -6/30
Week 3:	7/3 -7/7 (No Camp Tues 7/4)
Week 4:	7/10 -7/14
Week 5:	7/17 -7/21 (No swimming Thursday & Friday. Campers will have alternative awesome activities!)
Week 6:	7/24 -7/28
Week 7:	7/31 -8/4

### How to Register: Register ONLINE!

#### 24 hours a day / 7 days a week

Schedule a 30 minute registration session to go over details and walk through the process for \$25.

#### REMINDER!

*ALL campers should bring snacks, water bottle, sunscreen and athletic shoes daily. Full Day campers should also pack lunch, swimsuit and towel if necessary.*

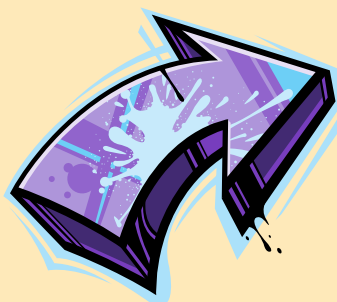


## How to register:

1. Register online through our website at [www.freedom-center.com](http://www.freedom-center.com)  
Available 24 hours a day / 7 days a week!
  - a. Online registration is completed with a full payment for partial day camps or a \$40 deposit for full day camps (paid towards camp balance).
  - b. Not done yet... Upload additional required Emergency Camp Form, proof of birth, physical and immunization record.
2. For an additional fee of \$25, parents may make a reservation for a 30 minute registration session. A staff member will answer questions and work with you to register your child for the summer. Please call 703-993-8513 to make a reservation.
  - a. Please bring all required documents and an idea of your child's camp schedule to the appointment.

## Questions?

Email us at [FCCAMPS@GMU.EDU](mailto:FCCAMPS@GMU.EDU)



## Program Registration

[www.freedom-center.com](http://www.freedom-center.com)



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# As a Freedom Center Camp Parent, I enjoy...

*My child had a blast learning Legos and swimming in the afternoon.*

*I love seeing her happy at the end of each day and excited for the next day.*

*The action packed schedule.*

*My son loves Freedom and the Counselors. He looks forward to camp, and the Counselors seem to really love their jobs and working with the kids. Everyone is very friendly.*

*I liked the friendly staff and the opportunity for my child to swim in the afternoons. I appreciated that it was organized and that I felt my child was safe and well cared for in my absence.*

*That he was engaged, came home excited to share the new things he learned each day.*

*Well organized, with a fantastic selection of great activities to fill our child's summer days.*

*I enjoyed how much fun my daughter was having.*

## Questions?

Email us at  
[fccamps@gmu.edu](mailto:fccamps@gmu.edu)

*"Of all the summer camps we have attended over the years, this is by far the best experience we've had! We love the coach's enthusiasm and interaction with the children and the level of security you have in place to ensure our children's safety! We've had other incidents where children ran wild within the facility with little to no supervision, so this comes as a GREAT relief to see such measures being taken. My daughter had so much fun and it was a direct reflection of the fun the coaches allowed the kids to have."*

**Be sure to register early  
and make final plans  
for the summer!**

**\$25 last minute registration fee for any new registrations  
two weeks prior to the camp week.**

**All forms are available on the Freedom Center's website!**

ALL campers are required to have a COMPLETE Camp Emergency Form on file at least one week prior to his/her first day of camp. Due to our required license through Virginia Department of Social Services, we are required to have a current copy of a physical, immunization record and proof of birth for all campers.

**Additional forms  
required if your child  
will need medication  
to be administered.**

**All forms must be  
signed by physician.**



# Who We Are!

## The Freedom Summer Camp Crew

*"Unity is strength... When there is team work and collaboration, wonderful things can be achieved,"*

**Mattie Stepanek**

The Freedom Staff Family is more than a seasonal summer crew. The unique aspect of our staff is what makes our camp an experience for all campers throughout the summer. Each counselor is strategically hired then scheduled with the appropriate group to ensure his/her strengths are being put to work. Our staff and our program is one of a kind and will ensure a summer your camper will never forget.

Our staff is committed to providing your camper a safe environment, caring and experienced camp counselors, and fun-filled dynamic days. The summer of 2023 will kick off our 20th summer camp season!

We hire those with a passion to PLAY! Each counselor on FAF's summer camp staff is a well-trained, enthusiastic and motivating individual over the age of 18. Several summer counselors have been with us for one or more seasons and may have even been a previous camper!

Each staff member has been screened through an interview process, received background checks and references verified to ensure the safety of your camper. Camp counselors are required to attend an orientation and training prior to the first day of camp. Throughout the training, counselors participate in child development workshops, team building activities, earn a certification in First Aid, CPR and Blood Borne Pathogen and several other exciting and beneficial activities to ensure a successful and safe camp season. Training also offers counselors time to plan programs, work to build a positive group atmosphere and requires staff to embark on finding solutions to challenging situations that may occur throughout the summer and preventative tools to work towards an anti-bullying environment.



**"I loved the aspect of team bonding and collaboration with your co-workers.**

**Most companies might not make it an emphasis to promote co-worker relationships but getting along with and working well with your co-workers is an important aspect of any job but especially in this setting. The two weeks of training gave us a great opportunity to do that and I ran into virtually no conflict with other employees."**

**Freedom Center Camp Counselor**



# A Camper's Typical Day

## Sample Schedule for Camp Freedom

8:00am – 9:00 am	Drop-off
9:00 – 10:00 am	Campers break into groups for name games and team building activities
10:00 – 11:00 am	Outdoor recreational activity
11:00 – 11:30 am	Snack
11:30 am – 12:30 pm	Outdoor recreational activity
12:30 – 1:00 pm	Lunch
1:00 – 2:00 pm	Indoor arts and crafts activity
2:00 – 3:00 pm	Free Swim
3:00 – 3:45 pm	Snack
3:45 – 4:00 pm	Recreational activity
4:00 – 5:00 pm	Free recreational time in gymnasium & sign out

Campers will participate in supervised, self-directed, unstructured activities during the time periods before and after their camp times.

Don't forget to read the  
**Parent's  
Camp Manual**  
for all camp details!



*"I love knowing I was able to drop my child off and know they were being taken care of. Loved seeing familiar counselor faces from past years. It was obvious that it was well organized. She enjoyed the camp-never came home with a complaint. Thank you!"*





# Camp Freedom

## Summer 2023 Camp Sessions: Mon-Fri

Campers may register for one week at a time!  
Membership NOT required!

Week 1:	6/20 -6/23 (No Camp Mon 6/19)
Week 2:	6/26 -6/30
Week 3:	7/3 -7/7 (No Camp Tues 7/4)
Week 4:	7/10 -7/14
Week 5:	7/17 -7/21 (No swimming Thursday & Friday. Campers will have alternative awesome activities!)
Week 6:	7/24 -7/28
Week 7:	7/31 -8/4

### How to Register: Register ONLINE!

#### 24 hours a day / 7 days a week

Schedule a 30 minute registration session to go over details and walk through the process for \$25.

#### REMINDER!

ALL campers should bring snacks, water bottle, sunscreen and athletic shoes daily. Full Day campers should also pack lunch, swimsuit and towel if necessary.

## Camp Freedom (Ages 6-12)

Weeks 1 & 3	9:00 am - 4:00 pm	\$250
(Week 1: No camp Monday, Week 3: No camp Tuesday)		
Weeks 2, 4-7	9:00 am - 4:00 pm	\$312

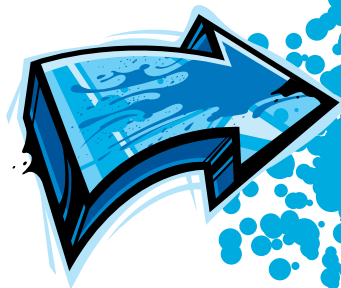
### Location Drop Off & Pick Up – Freedom Center Gymnasium or Community Room

Experience a little of everything when enrolled in Camp Freedom! Whether your camper is interested in soccer or painting he or she will enjoy a week in Camp Freedom! The weekly schedule will be based around a different exciting theme each week. Camp's activities will include a broad range of recreational sports and games, arts and crafts, and participate in special enrichment sessions.

Some activities may include recreational sports games, nutrition education, science experiments, and drama games and skits. Counselors encourage cooperation and teamwork in a fun and positive atmosphere.

### Every Day Full Day Campers Should Have:

- ☐ Swimsuit
- ☐ Towel
- ☐ Sunscreen
- ☐ Water Bottle
- ☐ Lunch
- ☐ Snacks
- ☐ Closed toed shoes



### Please note for Week 5

#### Full Day campers -

There will be no swimming Thursday & Friday due to a swim meet. Alternative fun activities will be scheduled!

## Preschoolers (Ages 3-5)

Weeks 2, 6 & 7	9:00 am - 12:00 pm	\$125
Week 4	9:00 am - 12:00 pm	\$145

Each week preschoolers explore a different theme through a variety of related activities, games, arts and crafts, music and movement. Campers should bring a water bottle and small snack each day. We encourage children to wear sneakers, comfortable clothing and have sunscreen applied before arriving at camp.

Children must be at least 3 years of age by the camp start date, able to separate from parent, and fully toilet trained.

Location Drop Off & Pick Up –  
Freedom Center Preschool Room  
(located in KidKare)

### Every Day Campers Should Have:

- ☐ Lunch
- ☐ Snacks
- ☐ Sunscreen
- ☐ Water Bottle
- ☐ Closed toed shoes



# CAMP FREEDOM THEMES

Don't forget to read the  
**Parent's  
Camp Manual**  
for all camp details!



- |         |                                |
|---------|--------------------------------|
| Week 1  | Aloha Summer                   |
| Week 2: | Soar like a Superhero          |
| Week 3: | USA...All the Way              |
| Week 4: | Mid Summer Celebrations        |
| Week 5: | Freedom's Got Talent           |
| Week 6: | Summer through the Decades     |
| Week 7: | Blast off into the School Year |



# PRESCHOOL THEMES

- |        |                             |
|--------|-----------------------------|
| Week 2 | A Week with Dr. Seuss       |
| Week 4 | Oh My! It's Cooking Time    |
| Week 6 | It's a Scientific World     |
| Week 7 | Oh Those Fabulous Dinosaurs |





## Engineering For Kids

### Summer 2023 Camp Sessions: Mon-Fri

*Campers may register for one week at a time!  
Membership NOT required!*

Week 1:	6/20 -6/23 (No Camp Mon 6/19)
Week 2:	6/26 -6/30
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Week 5:	7/17 -7/21 (No swimming Thursday & Friday. Campers will have alternative awesome activities!)
Week 6:	7/24 -7/28
Week 7:	7/31 -8/4

#### How to Register:

**Register ONLINE!**

**24 hours a day / 7 days a week**

Schedule a 30 minute registration session to go over details and walk through the process for \$25.

#### REMINDER!

*ALL campers should bring snacks, water bottle, sunscreen and athletic shoes daily. Full Day campers should also pack lunch, swimsuit and towel if necessary.*

Join the Freedom Center as we combine engineering fun with recreation! Campers may choose the full or partial day option for Engineering for Kids Camp.

Full day campers will enjoy time in the engineering world as well as a morning or afternoon session of lunch, recreational games, fitness activities and swim time!

**Location Drop Off & Pick Up – Freedom Center Lobby**

#### *Please Note: FULL DAY CAMPERS*

**Campers, ages 6-8, will begin the day with engineering activities from 9:00am-12:00pm. They will end the day with lunch, swimming and recreational activities.**

**Campers, ages 9-13, will begin the day with recreational activities, swimming and lunch. The afternoon, 12:00pm-4:00pm, will be an afternoon of engineering activities.**

### Junior Engineering Adventures (Ages 6-8)

Week 2	Full Day	9:00 am – 4:00 pm	\$457
	Partial Day	9:00 am – 12:00 pm	\$257

Engineering adventures is a unique camp that introduces our campers to Science, Technology, Engineering, and Math (STEM), and focuses on education through hands-on activities selected from our various engineering programs. Through open and focused exploration, students will work on several engineering concepts such as building towers and bridges from civil engineering, cars from mechanical, rockets from aerospace, among others.



### Apprentice Engineering Adventures (Ages 9-13)

Week 2	Full Day	9:00 am – 4:00 pm	\$457
	Partial Day	1:00 pm – 4:00 pm	\$257

Engineering adventures is a unique camp that introduces our campers to Science, Technology, Engineering, and Math (STEM), and focuses on education through hands-on activities selected from our various engineering programs. Through open and focused exploration, students will work on several engineering concepts such as building towers and bridges from civil engineering, cars from mechanical, rockets from aerospace, among others.

*"The daily balance of exploration with engineering concepts and active/swim time. My son enjoyed the different design and build projects each day - and has a great collection of his creations. Great camp!"*

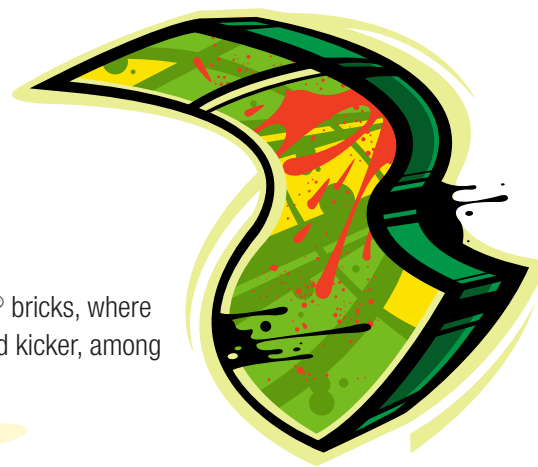


## Junior Robotics- WEDO: Amazing Mechanism - (Ages 6-8)

*NO CAMP TUESDAY, JULY 4*

Week 3	Full Day	9:00 am – 4:00 pm	\$457
	Partial Day	9:00 am – 12:00 pm	\$257

This camp is a perfect mixture of fun and learning, using LEGO® WeDo™ Robots. Using LEGO® bricks, where students explore levers, pulley, and gears, as they build and program dancing birds, spinner and kicker, among others and learn the importance of teamwork.



## Apprentice Electronic Game Design: Platform Games- (Ages 9-13)

*NO CAMP TUESDAY, JULY 4*

Week 3	Full Day	9:00 am – 4:00 pm	\$457
	Partial Day	1:00 pm – 4:00 pm	\$257

During our Electronic Game Design: Platform camp, students will use Clickteam Fusion 2.5® to create their own video game. A platform game is a side-scrolling, Mario-type game where students program characters and a two-dimensional obstacle course. They attempt to collaborate to avoid or overcome enemies and reach an end goal on multiple levels. At the end of the program, everyone takes home a working Windows-compatible game (Clickteam Fusion 2.5® does not support Mac or Android operating systems).



## Junior Robotics: Safari (Ages 6-8)

Week 4	Full Day	9:00 am – 4:00 pm	\$457
	Partial Day	9:00 am – 12:00 pm	\$257

This camp is a perfect mixture of fun and learning, using LEGO® WeDo™ Robots. Campers learn basics about programming in how to use LEGO® bricks, and explore the use of motor and sensors, as they build and program a roaring lion, horse, bull, among others.



## Apprentice Robotics: Robo Olympics (Ages 9-13)

Week 4	Full Day	9:00 am – 4:00 pm	\$457
	Partial Day	1:00 pm – 4:00 pm	\$257

During the Robotics Olympics camp, students design, collaborate and program robots to compete in simulated Olympic events such as a sprinting in a race, throwing a basketball, and shooting a puck into a hockey goal. Students use LEGO® Robotics and computers to learn principles of robotics, computer programming, and teamwork.



Don't forget to read the  
**Parent's  
Camp Manual**  
for all camp details!





Engineering  
For Kids

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### REMINDER!

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## Junior Engineering for Travel (Ages 6-8)

Week 5	Full Day	9:00 am – 4:00 pm	\$457
	Partial Day	9:00 am – 12:00 pm	\$257

Pack your bags, engineers, and get ready for an adventure! Team up with others for a wild ride across the globe and beyond! Students will carefully engineer vehicles that can traverse the most treacherous terrains, brave the highest seas, and soar above the clouds—are you up for the challenge? Grab your passports and catch a flight straight to Engineering for Kids—a truly unbelievable journey!

## Apprentice Engineering for Travel (Ages 9-13)

Week 5	Full Day	9:00 am – 4:00 pm	\$457
	Partial Day	1:00 pm – 4:00 pm	\$257

Pack your bags, engineers, and get ready for an adventure! Team up with others for a wild ride across the globe and beyond! Students will carefully engineer vehicles that can traverse the most treacherous terrains, brave the highest seas, and soar above the clouds—are you up for the challenge? Grab your passports and catch a flight straight to Engineering for Kids—a truly unbelievable journey!



**Please note  
for Week 5**

**Full Day campers -**

There will be no swimming  
Thursday & Friday due to  
a swim meet. Alternative  
fun activities will be  
scheduled!





## Mechanical Engineering Juniors (Ages 6-8)

Week 6	Full Day	9:00 am – 4:00 pm	\$457
	Partial Day	9:00 am – 12:00 pm	\$257

In the Mechanical Engineering camp, students use the Engineering Design Process to design, create, test, and refine a variety of machines and mechanical systems. Students learn basics of fluid mechanics, simple machines, and other design and engineering concepts while constructing egg-drop vehicles, cars and catapults, among others.



## Mechanical Engineering: Master Machines (Ages 9-13)

Week 6	Full Day	9:00 am – 4:00 pm	\$457
	Partial Day	1:00 pm – 4:00 pm	\$257

In the Mechanical Engineering camp, students use the Engineering Design Process to design, create, test, and refine a variety of machines and mechanical systems. Students learn basics of fluid mechanics, simple machines, and other design and engineering concepts while constructing egg-drop vehicles, cars, and catapults, among others.



## Junior Engineering of Power and Energy (Ages 6-8)

Week 6	Full Day	9:00 am – 4:00 pm	\$457
	Partial Day	9:00 am – 12:00 pm	\$257

Join this camp as we look at ways to get things moving...no batteries required. In this camp, students explore the foundational concepts of potential and kinetic energy by building their very own toys. Additionally, students will explore natural power and energy sources such as falling water and the sun. Get ready for a shock in this energetic and engaging engineering experience!

## Apprentice Engineering of Power and Energy (Ages 9-13)

Week 6	Full Day	9:00 am – 4:00 pm	\$457
	Partial Day	1:00 pm – 4:00 pm	\$257

Power and energy are what everything requires moving, turn on, light up, and make noise. In The Engineering of Power and Energy camp, students will break up into engineering teams and help each other to create unique ways to harness, manipulate, and use energy efficiently. Each day, students will have the chance to add a power-up light to their power and energy meter by completing that day's camp challenge.



**Required on file at least one week  
prior to camper's first day:**

**In order to ensure an efficient sign in/sign out process  
turn your completed forms in early!**

- Camp Packet
- Medicine Administration Form if ANY type of medicine is required while at camp
- Proof of birth, physical and immunization record required for ALL campers
- Required waivers for specific camp programs

**Did you know?**

If a camper is an active Freedom Center member he/she will receive a 10% discount off of camp programs!

**Questions?**

Email the Camp Director at [fccamps@gmu.edu](mailto:fccamps@gmu.edu)

**Code Red or  
Rainy Summer Days  
are not a problem;  
take it indoors  
without losing a  
step with our  
110,000 sq. ft.  
facility and pool!**

# REGISTER

**Camp Registration**

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