

Extended
Before/After
Care is back
for 2024!

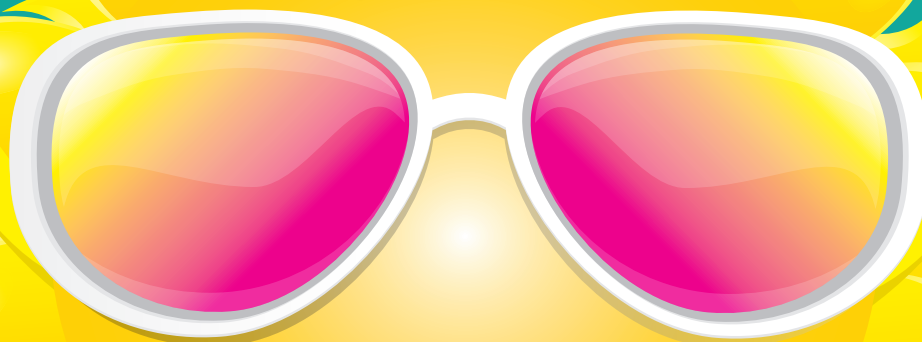
Hello → SUMMER ← 2024

SUMMER CAMPS JUNE 17 - AUGUST 2

Camps for ages 6 -12

Camp Registration
www.freedom-center.com

FREEDOM
Aquatic & Fitness Center™



Contents

Summer 2024 Camp Sessions: Mon-Fri

Campers may register for one week at a time!
Membership NOT required!

Week 1:	June 17-21 (No Camp June 19)
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Extended before/after care programs
7am-9am & 4pm-5:30pm
FULL DAY CAMPS ONLY

How to Register: Register ONLINE!

24 hours a day / 7 days a week

Schedule a 30 minute registration session to go over details and walk through the process for \$25.

REMINDER!

ALL campers should bring snacks, water bottle, sunscreen and athletic shoes daily. Full Day campers should also pack lunch, swimsuit and towel if necessary.

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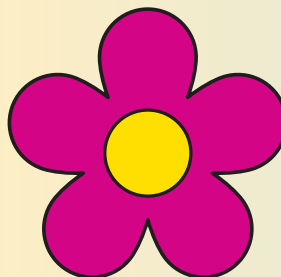
How to register:

1. Register online through our website at www.freedom-center.com
Available 24 hours a day / 7 days a week!
 - a. Online registration is completed with a full payment for partial day camps or a \$50 deposit for full day camps (paid towards camp balance).
 - b. Not done yet...Upload additional required Emergency Camp Form, proof of birth, physical and immunization record.
2. For an additional fee of \$25, parents may make a reservation for a 30 minute registration session. A staff member will answer questions and work with you to register your child for the summer. Please call 703-993-8513 to make a reservation.
 - a. Please bring all required documents and an idea of your child's camp schedule to the appointment.

Questions?

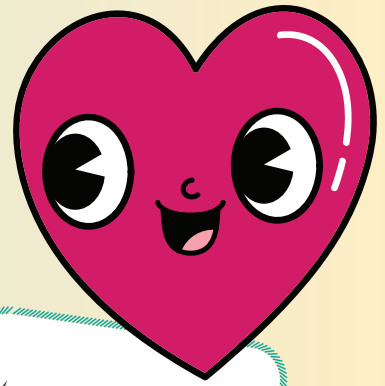
Email us at FCCAMPS@GMU.EDU

Program Registration
www.freedom-center.com



10900 University Boulevard
Manassas, VA 20110
703.993.8444

As a Freedom Center Camp Parent, I enjoy...



My child had a blast learning Legos and swimming in the afternoon.

I love seeing her happy at the end of each day and excited for the next day.

The action packed schedule.

I liked the friendly staff and the opportunity for my child to swim in the afternoons. I appreciated that it was organized and that I felt my child was safe and well cared for in my absence.

That he was engaged, came home excited to share the new things he learned each day.

Well organized, with a fantastic selection of great activities to fill our child's summer days.

My son loves Freedom and the Counselors. He looks forward to camp, and the Counselors seem to really love their jobs and working with the kids. Everyone is very friendly.

I enjoyed how much fun my daughter was having.

Extended Before/After Care Programs

7:00am-9:00am & 4:00pm-5:30pm

FULL DAY CAMPS ONLY

"Of all the summer camps we have attended over the years, this is by far the best experience we've had! We love the coach's enthusiasm and interaction with the children and the level of security you have in place to ensure our children's safety! We've had other incidents where children ran wild within the facility with little to no supervision, so this comes as a GREAT relief to see such measures being taken. My daughter had so much fun and it was a direct reflection of the fun the coaches allowed the kids to have."

Be sure to register early and make final plans for the summer!

\$25 last minute registration fee for any new registrations two weeks prior to the camp week.

All forms are available on the Freedom Center's website!

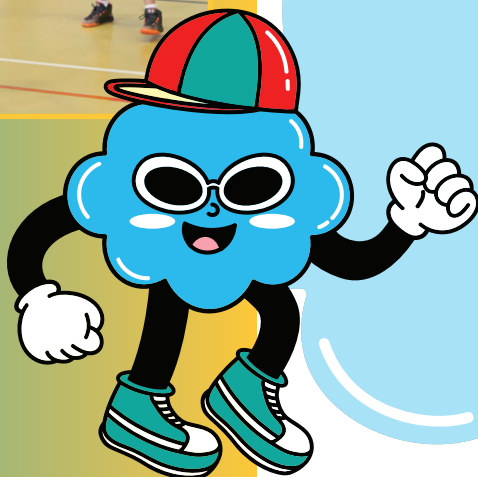
ALL campers are required to have a COMPLETE Camp Emergency Form on file at least one week prior to his/her first day of camp. Due to our required license through Virginia Department of Social Services, we are required to have a current copy of a physical, immunization record and proof of birth for all campers.

Questions?

Email us at fccamps@gmu.edu

Additional forms required if your child will need medication to be administered. All forms must be signed by physician.

Who We Are!



The Freedom Summer Camp Crew

"Unity is strength... When there is team work and collaboration, wonderful things can be achieved,"

Mattie Stepanek

The Freedom Staff Family is more than a seasonal summer crew. The unique aspect of our staff is what makes our camp an experience for all campers throughout the summer. Each counselor is strategically hired then scheduled with the appropriate group to ensure his/her strengths are being put to work. Our staff and our program is one of a kind and will ensure a summer your camper will never forget.

Our staff is committed to providing your camper a safe environment, caring and experienced camp counselors, and fun-filled dynamic days.

We hire those with a passion to PLAY! Each counselor on FAF's summer camp staff is a well-trained, enthusiastic and motivating individual over the age of 18. In addition, we have Junior Camp Counselors that range in age between 16 and 17! Several summer counselors have been with us for one or more seasons and may have even been a previous camper!

Each staff member has been screened through an interview process, received background checks and references verified to ensure the safety of your camper. Camp counselors are required to attend an orientation and training prior to the first day of camp. Throughout the training, counselors participate in child development workshops, team building activities, earn a certification in First Aid, CPR and Blood Borne Pathogen and several other exciting and beneficial activities to ensure a successful and safe camp season. Training also offers counselors time to plan programs, work to build a positive group atmosphere and requires staff to embark on finding solutions to challenging situations that may occur throughout the summer and preventative tools to work towards an anti-bullying environment.

"I loved the aspect of team bonding and collaboration with your co-workers.

Most companies might not make it an emphasis to promote co-worker relationships but getting along with and working well with your co-workers is an important aspect of any job but especially in this setting. The two weeks of training gave us a great opportunity to do that and I ran into virtually no conflict with other employees."

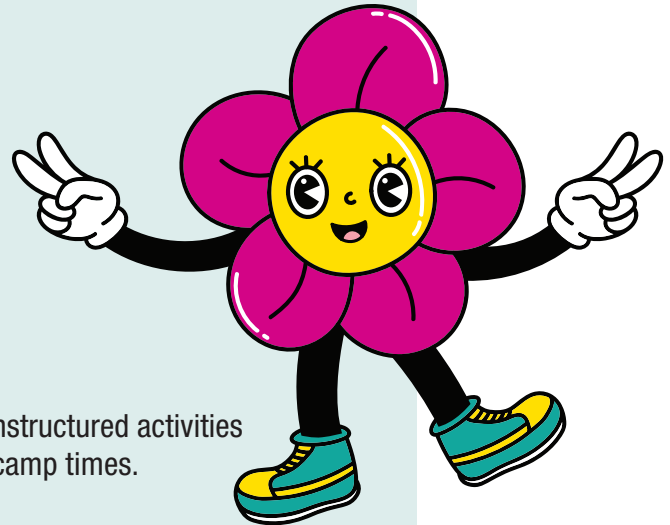
Freedom Center Camp Counselor

A Camper's Typical Day

Sample Schedule for Camp Freedom

8:00 – 9:00 am	Drop-off
9:00 – 10:00 am	Campers break into groups for name games and team building activities
10:00 – 11:00 am	Outdoor recreational activity
11:00 – 11:30 am	Snack
11:30 am – 12:30 pm	Outdoor recreational activity
12:30 – 1:00 pm	Lunch
1:00 – 2:00 pm	Indoor arts and crafts activity
2:00 – 3:00 pm	Free Swim
3:00 – 3:45 pm	Snack
3:45 – 4:00 pm	Recreational activity
4:00 – 5:00 pm	Free recreational time in gymnasium & sign out

Campers will participate in supervised, self-directed, unstructured activities during the time periods before and after their camp times.



Extended Before/After Care Programs

7:00am-9:00am &
4:00pm-5:30pm

FULL DAY CAMPS ONLY



"I love knowing I was able to drop my child off and know they were being taken care of. Loved seeing familiar counselor faces from past years. It was obvious that it was well organized. She enjoyed the camp-never came home with a complaint. Thank you!"



Camp Freedom

Summer 2024 Camp Sessions: Mon-Fri

Campers may register for one week at a time!
Membership NOT required!

Week 1:	June 17-21 (No Camp June 19)
Week 2:	June 24-28
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How to Register: Register ONLINE!

24 hours a day / 7 days a week

Schedule a 30 minute registration session to go over details and walk through the process for \$25.

REMINDER!

ALL campers should bring snacks, water bottle, sunscreen and athletic shoes daily. Full Day campers should also pack lunch, swimsuit and towel if necessary.

Camp Freedom (Ages 6-12)

Week 1 & 3	9:00 am - 4:00 pm	\$275 (4 day camp weeks)
Weeks 2, 4-7	9:00 am - 4:00 pm	\$343

Location Drop Off & Pick Up – Freedom Center Gymnasium or Community Room

Experience a little of everything when enrolled in Camp Freedom! Whether your camper is interested in soccer or painting he or she will enjoy a week in Camp Freedom! The weekly schedule will be based around a different exciting theme each week. Camp's activities will include a broad range of recreational sports and games, arts and crafts, and participate in special enrichment sessions.

Some activities may include recreational sports games, nutrition education, science experiments, and drama games and skits. Counselors encourage cooperation and teamwork in a fun and positive atmosphere.

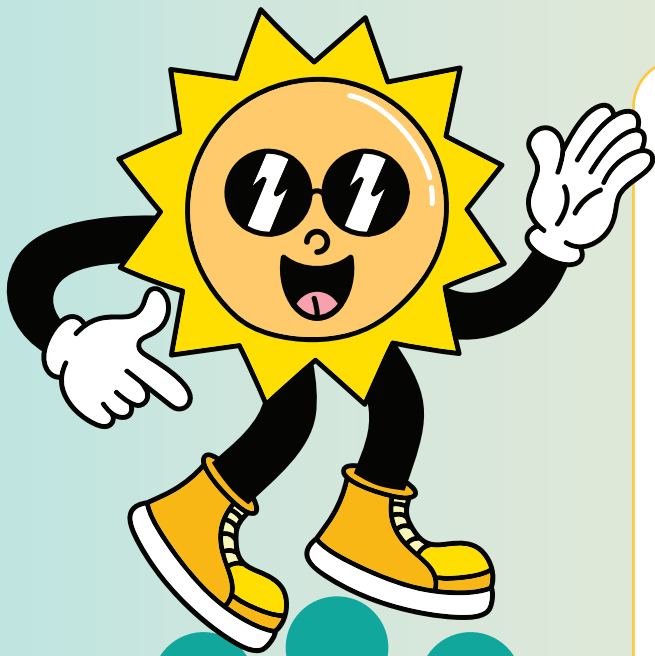
Every Day Full Day Campers Should Have:

- Swimsuit
- Towel
- Sunscreen
- Water Bottle
- Lunch
- Snacks
- Closed toed shoes



Don't forget to read the **Parent's Camp Manual** for all camp details!





Camp Freedom Themes

- Week 1: Aloha Summer
- Week 2: Mermaids & Pirates
- Week 3: USA...All the Way
- Week 4: Mid Summer Celebrations
- Week 5: Freedom's Got Talent
- Week 6: Summer through the Decades
- Week 7: Blast off into the School Year



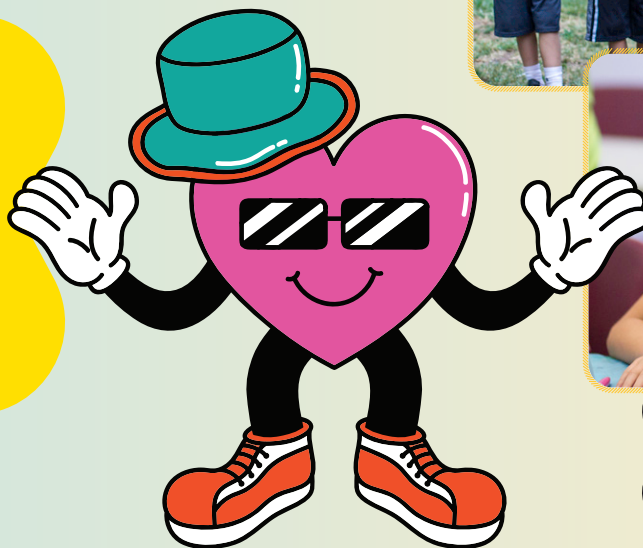
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Extended Before/After Care Programs

7:00am-9:00am & 4:00pm-5:30pm

FULL DAY CAMPS ONLY





Engineering For Kids

Summer 2024 Camp Sessions: Mon-Fri

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Membership NOT required!

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(No Camp June 19)
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Join the Freedom Center as we combine engineering fun with recreation! Campers may choose the full or partial day option for Engineering for Kids Camp.

Full day campers will enjoy time in the engineering world as well as a morning or afternoon session of lunch, recreational games, fitness activities and swim time!

Location Drop Off & Pick Up – Freedom Center Lobby

Please Note: FULL DAY CAMPERS

Campers, ages 6-8, will begin the day with engineering activities from 9:00am-12:00pm. They will end the day with lunch, swimming and recreational activities.

Campers, ages 9-12, will begin the day with recreational activities, swimming and lunch. The afternoon, 1:00-4:00pm, will be an afternoon of engineering activities.

Junior Engineering Adventures (Ages 6-7)

Week 2	Full Day	9:00 am – 4:00 pm	\$457
	Partial Day	9:00 am – 12:00 pm	\$257

Engineering adventures is a unique camp that introduces our campers to Science, Technology, Engineering, and Math (STEM), and focuses on education through hands-on activities selected from our various engineering programs. Through open and focused exploration, students will work on several engineering concepts such as building towers and bridges from civil engineering, cars from mechanical, rockets from aerospace, among others.



Apprentice Engineering Adventures (Ages 8-12)

Week 2	Full Day	9:00 am – 4:00 pm	\$457
	Partial Day	1:00 pm – 4:00 pm	\$257

Engineering adventures is a unique camp that introduces our campers to Science, Technology, Engineering, and Math (STEM), and focuses on education through hands-on activities selected from our various engineering programs. Through open and focused exploration, students will work on several engineering concepts such as building towers and bridges from civil engineering, cars from mechanical, rockets from aerospace, among others.

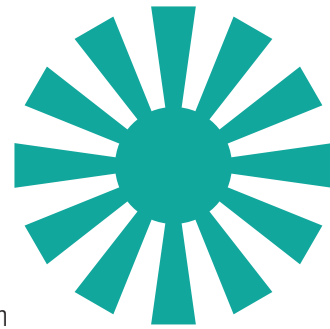
“The daily balance of exploration with engineering concepts and active/swim time. My son enjoyed the different design and build projects each day – and has a great collection of his creations. Great camp!”

Junior Robotics: Safari (Ages 6-7)

(NO Camp Thursday, July 4)

Week 3	Full Day	9:00 am – 4:00 pm	\$366
	Partial Day	9:00 am – 12:00 pm	\$206

This camp is a perfect mixture of fun and learning, using LEGO® WeDo™ Robots. Campers learn basics about programming in how to use LEGO® bricks, and explore the use of motor and sensors, as they build and program a roaring lion, horse, bull, among others.



Apprentice Robotics: Robo Olympics (Ages 8-12)

(NO Camp Thursday, July 4)

Week 3	Full Day	9:00 am – 4:00 pm	\$366
	Partial Day	1:00 pm – 4:00 pm	\$206

During the Robotics Olympics camp, students design, collaborate and program robots to compete in simulated Olympic events such as a sprinting in a race, throwing a basketball, and shooting a puck into a hockey goal. Students use LEGO® Robotics and computers to learn principles of robotics, computer programming, and teamwork.



Junior Engineering of Power and Energy (Ages 6-7)

Week 4	Full Day	9:00 am – 4:00 pm	\$457
	Partial Day	9:00 am – 12:00 pm	\$257

Join this camp as we look at ways to get things moving...no batteries required. In this camp, students explore the foundational concepts of potential and kinetic energy by building their very own toys. Additionally, students will explore natural power and energy sources such as falling water and the sun. Get ready for a shock in this energetic and engaging engineering experience!



Apprentice Design the future (Ages 8-12)

Week 4	Full Day	9:00 am – 4:00 pm	\$457
	Partial Day	1:00 pm – 4:00 pm	\$257

What does the future look like? Join us as we embark on an odyssey to explore the future of transportation, manufacturing and structural. Let's look at the innovations of today and apply them to create the designs of tomorrow as we explore ways to harness clean energy and house a growing human population. Become an engineer and help Design the Future.



Don't forget
to read the
**Parent's
Camp Manual**
for all camp details!



Engineering For Kids

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Junior Olympics Engineering (Ages 6-7)

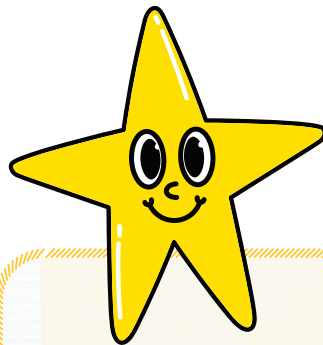
Week 5	Full Day	9:00 am – 4:00 pm	\$457
	Partial Day	9:00 am – 12:00 pm	\$257

The competition is heating up with the Engineering for Kids Junior Olympics! In this program, students will compete for the gold as they take on exciting engineering challenges related to the greatest athletic competitions. Students will explore a wide variety of science and engineering concepts related to various athletic events while applying EFK's Engineering Design Process. Get ready to step up to the podium as we declare victory in inspiring the next generation of engineers!

Apprentice Olympics Engineering (Ages 8-12)

Week 5	Full Day	9:00 am – 4:00 pm	\$457
	Partial Day	1:00 pm – 4:00 pm	\$257

The competition is heating up with the Engineering for Kids World Games! In this program, students will compete for the gold as they take on exciting engineering challenges related to the greatest athletic competitions. Students will explore a wide variety of science and engineering concepts related to various athletic events while applying EFK's Engineering Design Process. Get ready to step up to the podium as we declare victory in inspiring the next generation of engineers!



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Junior Engineering for Travel (Ages 6-7)

Week 6	Full Day	9:00 am – 4:00 pm	\$457
	Partial Day	9:00 am – 12:00 pm	\$257

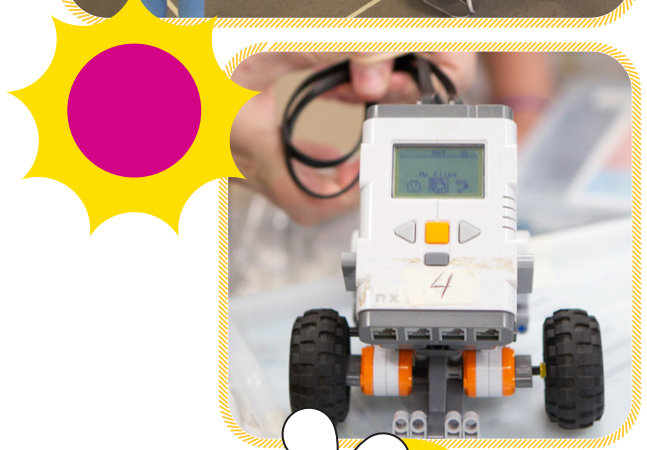
Pack your bags, engineers, and get ready for an adventure! Team up with others for a wild ride across the globe and beyond! Students will carefully engineer vehicles that can traverse the most treacherous terrains, brave the highest seas, and soar above the clouds—are you up for the challenge? Grab your passports and catch a flight straight to Engineering for Kids—a truly unbelievable journey!



Apprentice Engineering for Travel (Ages 8-12)

Week 6	Full Day	9:00 am – 4:00 pm	\$457
	Partial Day	1:00 pm – 4:00 pm	\$257

Pack your bags, engineers, and get ready for an adventure! Team up with others for a wild ride across the globe and beyond! Students will carefully engineer vehicles that can traverse the most treacherous terrains, brave the highest seas, and soar above the clouds—are you up for the challenge? Grab your passports and catch a flight straight to Engineering for Kids—a truly unbelievable journey!



Mechanical Engineering Juniors (Ages 6-7)

Week 7	Full Day	9:00 am – 4:00 pm	\$457
	Partial Day	9:00 am – 12:00 pm	\$257

In the Mechanical Engineering camp, students use the Engineering Design Process to design, create, test, and refine a variety of machines and mechanical systems. Students learn basics of fluid mechanics, simple machines, and other design and engineering concepts while constructing egg-drop vehicles, cars, and catapults, among others.

Extended Before/After Care Programs

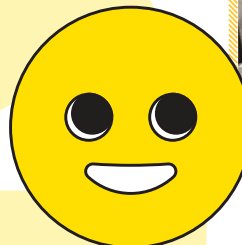
7:00am-9:00am &
4:00pm-5:30pm

FULL DAY CAMPS ONLY

Mechanical Engineering: Master Machines (Ages 8-12)

Week 7	Full Day	9:00 am – 4:00 pm	\$457
	Partial Day	1:00 pm – 4:00 pm	\$257

In the Mechanical Engineering camp, students use the Engineering Design Process to design, create, test, and refine a variety of machines and mechanical systems. Students learn basics of fluid mechanics, simple machines, and other design and engineering concepts while constructing egg-drop vehicles, cars, and catapults, among others.



Required on file at least one week prior to camper's first day:

In order to ensure an efficient sign in/sign out process turn your completed forms in early!

- Camp Packet
- Medicine Administration Form if ANY type of medicine is required while at camp
- Proof of birth, physical and immunization record required for ALL campers
- Required waivers for specific camp programs

Did you know?

If a camper is an active Freedom Center member he/she will receive a 10% discount off of camp programs!

Questions?

Email the Camp Director at fccamps@gmu.edu

Code Red or Rainy Summer Days are not a problem; take it indoors without losing a step with our 110,000 sq. ft. facility and pool!



**10900 University Boulevard
Manassas, VA 20110
703.993.8500**



Camp Registration
www.freedom-center.com