

# Tara Davis

## Massage Therapist

### Education and Certifications:

Virginia Commonwealth University-BA Music (jazz saxophone)  
Northern Virginia Community College-AAA/AAS  
Fine Art Photography/Photography  
NCBTMB Board Certified Massage Therapy  
VA DPOR Licensed Esthetician  
Certified Sound Healer  
Academy of Energy Healing  
Spa Relief Vocational School

### Services Offered:

Pain Management  
Sports Massage  
Energy Healing  
Sound Healing  
Vibro-Acoustic Therapy  
Therapeutic Stretching  
Cupping  
Stone Massage



### About Me:

Tara sees herself as a well-rounded vessel for healing, dedicated to serving her community in the wellness field for over 21 years—and she's only just getting started. Having spent much of her own life on a personal healing journey, Tara deeply understands the importance of addressing not just physical symptoms but the mind, body, and spirit as a whole.

Her goal is to help her clients feel more at ease within their own bodies, enabling them to lead more fulfilled and joyful lives. Tara's greatest joy comes from freeing people from pain and stress, allowing them to experience a better quality of life.

