

Tara Davis

Massage Therapist

Education and Certifications:

Virginia Commonwealth University-BA Music (jazz saxophone)
Northern Virginia Community College-AAA/AAS
Fine Art Photography/Photography
NCBTMB Board Certified Massage Therapy
VA DPOR Licensed Esthetician
Certified Sound Healer
Academy of Energy Healing
Spa Relief Vocational School

Services Offered:

Pain Management
Sports Massage
Energy Healing
Sound Healing
Vibro-Acoustic Therapy
Therapeutic Stretching
Cupping
Stone Massage



About Me:

Tara sees herself as a well-rounded vessel for healing, dedicated to serving her community in the wellness field for over 21 years—and she's only just getting started. Having spent much of her own life on a personal healing journey, Tara deeply understands the importance of addressing not just physical symptoms but the mind, body, and spirit as a whole.

Her goal is to help her clients feel more at ease within their own bodies, enabling them to lead more fulfilled and joyful lives. Tara's greatest joy comes from freeing people from pain and stress, allowing them to experience a better quality of life.

